



Be Happy A Little Book to Help You Live a Happy Life

By Monica Sheehan

Running Press. Hardcover. Book Condition: New. Hardcover. 128 pages. Dimensions: 5.0in. x 4.1in. x 0.7in. Illustrator Monica Sheehan has collected some of her most beloved cartoons from Real Simple magazine in a truly inspirational book that will remind you of the small things that really do matter for a happier life: show up, do things you're good at, dance. . . and get a good night's sleep. Be Happy takes up where Life's Little Instruction Book leaves off, pairing simple truths with charming, New Yorker-esque illustrations in an irresistible, pocket-sized package that's all wrapped up with a red elastic ribbon. A meaningful gift for grads, new parents, newlyweds, or anyone starting down a new road in life. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.



READ ONLINE
[6.21 MB]

Reviews

This book may be worth buying. I have read and I am confident that I am going to plan to go through once more once again in the future. It's been written in an exceptionally easy way and it is simply soon after I finished reading this publication in which actually altered me, modify the way I believe.

-- **Faye Shanahan**

This written publication is wonderful. It can be written in straightforward phrases instead of confusing. I discovered this pdf from my dad and I suggested this publication to learn.

-- **Jesse Tremblay**