



Making Miracles: Inspiring Mind-Methods to Supercharge Your Emotion and Rejuvenate Your Health

By Arnold Fox & Barry Fox

Jaico Publishing House, Delhi, India. Softcover. Book Condition: New. Miracles are but stupendous feat achieved by men of flesh and blood. It is the zeal, the fervour that prods and goads them to trudge an extra mile. There is absolutely no mumbo-jumbo serenading their extraordinary act. The God-given sprit is in itself a boon to surmount mundane trivialities and transgress into an esoteric realm. The authors, a father-son doctor duo do a tandem act to resonate out this message to the readers. The father's life was tempered by the privation of the 1930s and the fear, then exuberance of the 1960s. From opposite sides of what we once called the generation gap, they join to present their exhilarating science of the human spirit. This is a book about the spirit. It tells you that, your spirit can actually change the biochemistry of your body for the better. The authors recount their doctor patient interlocution to put up the sordid picture of ailments affecting our society. The authors explicate out how thoughts, words and actions get transmuted into bodily constituents chemical and electrical substances that become vanguard messengers coordinating entire gamut of bodily systems viz. immune system and circulatory system taking account...



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