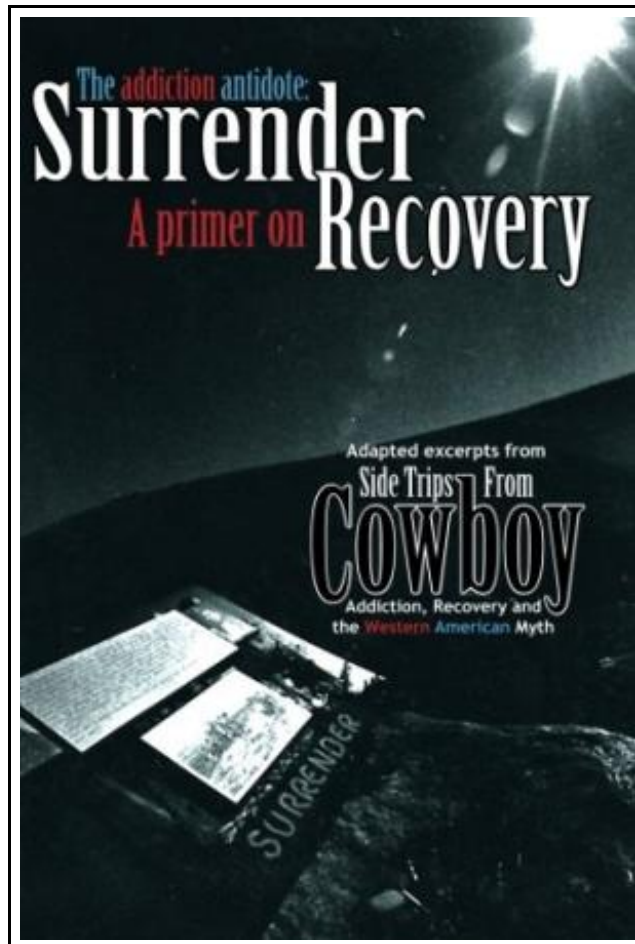


The Addiction Antidote: Surrender: A Primer on Recovery (Paperback)



Filesize: 5.47 MB

Reviews

This book is really gripping and fascinating. I was able to comprehend every little thing out of this published e pdf. Your life span will likely be transform when you full looking at this ebook.

(Mrs. Heaven Schmeler)

THE ADDICTION ANTIDOTE: SURRENDER: A PRIMER ON RECOVERY (PAPERBACK)

DOWNLOAD



Blue Creek Press, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Welcome to Recovery 101, the addiction antidote. In The addiction antidote, you will learn: 1. Addiction is a disease, not a problem of will. Millions of addicts achieve remission and sustain a healthy, full life. 2. The most effective, affordable, sustainable treatment for addiction is the Twelve Step Program. It s free and universally available. No matter where you live, there is probably a Twelve Step meeting within a few miles of your home. 3. The Twelve Step Program was invented to combat alcoholism. It has since been found effective against scores of compulsive behaviors. 4. Acting out (engaging in the problem behavior) is not the disease. Acting out is a symptom of the disease. 5. Once an addict, always an addict. We do not become unaddicted. We learn to abstain through surrender, by admitting that we are helpless over the problem. This admission is the First Step. 6. Addiction is a family disease. Nuclear and extended families are often codependent to the point that it is appropriate for them to enter treatment together. Addiction is also thought to be congenital. 7. Twelve Step Programs have auxiliaries for families of addicts. It is not necessary for an addict to be in recovery for an intimate other, codependent or not, to seek help in their own support group. There is more to learn inside, including where to turn for help. This booklet is a companion to Side Trips From Cowboy: Addiction, Recovery and the Western American Myth.



[Read The Addiction Antidote: Surrender: A Primer on Recovery \(Paperback\) Online](#)



[Download PDF The Addiction Antidote: Surrender: A Primer on Recovery \(Paperback\)](#)

Relevant Books



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook (Paperback)

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and...

[Save PDF »](#)



The Voyagers Series - Europe: A New Multi-Media Adventure Book 1 (Paperback)

Strength Through Communications, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Voyagers Series is a new multi-media, multi-disciplinary approach to teaching...

[Save PDF »](#)



History of the Town of Sutton Massachusetts from 1704 to 1876 (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This version of the History of the Town of Sutton Massachusetts...

[Save PDF »](#)



No Friends?: How to Make Friends Fast and Keep Them (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends? Are you tired of not having any...

[Save PDF »](#)



Never Invite an Alligator to Lunch! (Paperback)

Lucky Me Publishing, LLC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. NEVER Invite an Alligator to Lunch! delivers a fun,...

[Save PDF »](#)