



No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind (New edition)

By Daniel J. Siegel, Tina Payne Bryson

Scribe Publications. Paperback. Book Condition: new. BRAND NEW, No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind (New edition), Daniel J. Siegel, Tina Payne Bryson, The pioneering experts behind the bestselling *The Whole-Brain Child* now explore the ultimate child-raising challenge: discipline. A breakfast bowl gets thrown across the kitchen, splattering milk and cereal all over the wall. Or one of your kids threatens a younger sibling. Or you get a call from the headteacher's office for the third time this month. What do you do? No-Drama Discipline provides an effective, compassionate road map for dealing with such tantrums, tensions, and tears - without causing a scene. Based on recent discoveries about the brain that give us deep insights into the children we care for, what they need, and how to discipline them in ways that foster optimal development, this book offers a 'relational' approach that builds on children's innate desire to please their parents and get along well with others. Complete with candid stories and playful illustrations that bring the authors' suggestions to life, No-Drama Discipline presents clear messages in a practical and inviting format. Using these techniques, you can discipline your children in...



READ ONLINE
[9.59 MB]

Reviews

These kinds of pdf is the ideal ebook accessible. Of course, it is actually play, nevertheless an interesting and amazing literature. I realized this publication from my i and dad suggested this book to find out.

-- Ms. Ruth Wisozk

This pdf might be really worth a go through, and far better than other. It can be packed with wisdom and knowledge Its been written in an exceedingly straightforward way and is particularly only soon after i finished reading through this pdf by which basically changed me, modify the way in my opinion.

-- Ernestine Blanda