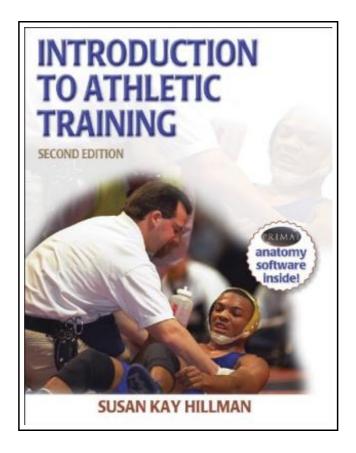
# Introduction to Athletic Training (Mixed media product)



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## Reviews

Thorough guide! Its this sort of excellent read. It is really simplified but unexpected situations in the 50 % in the book. You are going to like just how the blogger create this publication. (Prof. Lela Steuber)

# INTRODUCTION TO ATHLETIC TRAINING (MIXED MEDIA PRODUCT)



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Human Kinetics Publishers, United States, 2004. Mixed media product. Book Condition: New. 2nd Revised edition. 282 x 216 mm. Language: English . Brand New Book. Featuring expanded and updated content, Introduction to Athletic Training, Second Edition, presents both theoretical and practical information on the duties of an athletic trainer as part of a team approach to caring for injured and ill athletes. The book will provide students with a solid background in athletic training so that they can develop their skills and both succeed and advance in their training and courses. Introduction to Athletic Training, Second Edition, is the perfect guide for athletic trainers striving to keep their athletes healthy and injury free. Part of Human Kinetics Athletic Training Education Series, the text not only provides the information on the role of an athletic trainer in caring for injured and ill athletes, but it also considers both the prevention and management of injuries and illnesses. It spans many topics, including professionalism in athletic training, risk factors in sport participation, preparticipation physical exams, fitness testing, strength and conditioning, preventive efforts including environmental concerns and protective devices, and emergency care. The second edition includes many updates and improvements: -A revised chapter on pharmacology that simplifies terminology and deepens the reader s understanding of the effects of common drugs used in athletics-A comprehensive chapter on epidemiology that discusses how to evaluate information on injury trends and use it to reduce the risk of future injuries-An expanded chapter with updated nutritional requirements and concerns for physically active people-More student-friendly elements including new critical thinking questions in each chapter, more abundant discussion topics, chapter objectives, scenarios, helpful Internet resources, chapter summaries, and a glossary. The second edition is packaged with a Primal Pictures software product titled Essentials of Interactive Functional Anatomy. This CD-ROM will help students...



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