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Children's educational fitness games

By YANG YA QIN

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pages Number: 180 Publisher: People's Sports Publishing House Pub. Date :2007-07. Children are in the period of rapid growth and development & body metabolism & body tissue & organ function & mental and psychological development has great potential. Therefore & actively participate in physical exercise & to promote children's physical development & enhance physical fitness & develop moral character has a good role in promoting. This book is designed to enhance parents and teachers to guide their children's health knowledge & to guide their children in life science and rational & and effective physical exercise & so that children & adults in the entertainment & the game play out a good healthy body. Contents: Children learn some psychological and physiological knowledge of common sense one: physiological characteristics and the relationship between physical exercise common sense 2: According to the psychological characteristics of the design goals of physical exercise physical education for children as they grow the family is essential notes a: family of physical education will affect the child's life notes II: an accurate understanding of all the signals...



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