



## The Burnout Phenomenon

By Robert Frisinger

Diplom.De Okt 2006, 2006. Taschenbuch. Book Condition: Neu. 210x148x4 mm. This item is printed on demand - Print on Demand Titel. Neuware - Scientific Study from the year 2006 in the subject Business economics - Personnel and Organisation, grade: 2,0, Maastricht University (Faculty of Economics and Business Administration, Studiengang International Business), language: English, abstract: Inhaltsangabe:Abstract: Burnout is a multidimensional psychological syndrome that evolves as a reaction to chronic stress in the workplace. It results in an irrevocable depletion of a person's energies and emotional resources with various negative consequences for individuals and organizations. In the past 30 years researchers tried to understand the burnout construct in its complexity and offered diverse answers to questions of why burnout appears and how it can be measured. But despite the broad academic research on burnout, the knowledge base is still lacking a comprehensive approach on how to prevent burnout from happening and how to alleviate organizations from its the negative implications. This thesis gives insights by integrating various research findings with tangible management techniques. A theoretical model is constructed for offsetting burnout and its consequences. A list of 12 multidirectional propositions is given that managers may apply to proactively decrease burnout and...



**READ ONLINE**  
[ 8.25 MB ]

### Reviews

*It is in a single of the most popular publication. Sure, it really is engage in, still an interesting and amazing literature. Your life period will be change the instant you full reading this book.*

-- **Abel O'Kon Sr.**

*Without doubt, this is actually the best operate by any article writer. Indeed, it can be perform, nonetheless an interesting and amazing literature. Its been written in an exceedingly straightforward way in fact it is only soon after i finished reading through this book through which in fact changed me, modify the way in my opinion.*

-- **Miss Elissa Kutch V**