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# MINDSET: HOW YOU CAN FULFIL YOUR POTENTIAL

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DR CAROL S. DWECK

Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, Mindset: How You Can Fulfil Your Potential, Carol Dweck, World-renowned Stanford University psychologist Carol Dweck, in decades of research on achievement and success, has discovered a truly groundbreaking idea-the power of our mindset. Dweck explains why it's not just our abilities and talent that bring us success-but whether we approach them with a fixed or growth mindset. She makes clear why praising intelligence and ability doesn't foster self-esteem and lead...

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- · Authored by Carol Dweck
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